



SANS Measuring and Improving Cyber Defense Using the MITRE ATT&CK Framework

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Multiple sessions at the 2019 SANS SOC summit highlighted that leading security operations teams have rapidly adopted the MITRE ATT&CK framework to help them identify and close gaps in cyber defense, increase the effectiveness of hunting processes, and decrease the time needed to efficiently respond to incidents.

Through the ATT&CK framework MITRE has generated a gold mine of information about the most important tactics and techniques used by attackers and how the blue team can detect and prevent these actions. Blocking atomic attack indicators such as domain names and IP addresses may work in the short term, but understanding the higher-level tactics in ATT&CK helps the blue team identify and anticipate attacker activity at a higher level of abstraction, slowing attackers down and giving defenders a fighting chance.

In this paper, SANS instructor and analyst John Hubbard will discuss the most important aspects of understanding and utilizing the ATT&CK framework including:

- MITRE ATT&CK matrix organization and the identified attacker post-exploitation tactics and techniques
- Understanding the details and layout of the ATT&CK matrix
- Basic security team requirements to enable effective use of ATT&CK
- Utilizing ATT&CK to identify and close gaps in organizational defenses
- Demonstrating objective improvement in blue team defensive capability when measuring against ATT&CK
- Avoiding common pitfalls and errors when using ATT&CK to measure cyber defense

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About the Author



[John Hubbard](#) is a certified SANS instructor who authored the new [SEC450: Blue Team Fundamentals: Security Operations and Analysis](#) and co-authored [SEC455: SIEM Design and Implementation](#). As an active security operations center lead and dedicated blue team member, he has firsthand knowledge of what it takes to defend an organization against advanced cyberattacks. John specializes in threat hunting, tactical SIEM design and optimization, and tailoring security operations to enable organizations to protect their most sensitive data.

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