SEC642: Advanced Web App Penetration Testing and Ethical Hacking

This advanced pen testing course is designed to teach you the advanced skills and techniques required to test web applications today. The course uses a combination of lecture, real-world experiences, and hands-on exercises to educate you in the techniques used to test the security of enterprise applications. The final day of the course culminates in a Capture the Flag (CtF) event that tests the knowledge you will have acquired the previous five days.

We will begin by exploring specific techniques and attacks to which applications are vulnerable. These techniques and attacks use advanced ideas and skills to exploit the system through various controls and protections. This learning will be accomplished through lectures and exercises using real-world applications.

We will then explore encryption as it relates to web applications. You will learn how encryption works as well as techniques to identify the type of encryption in use within the application. Additionally, you will learn methods for exploiting or abusing this encryption, again through lecture and labs.

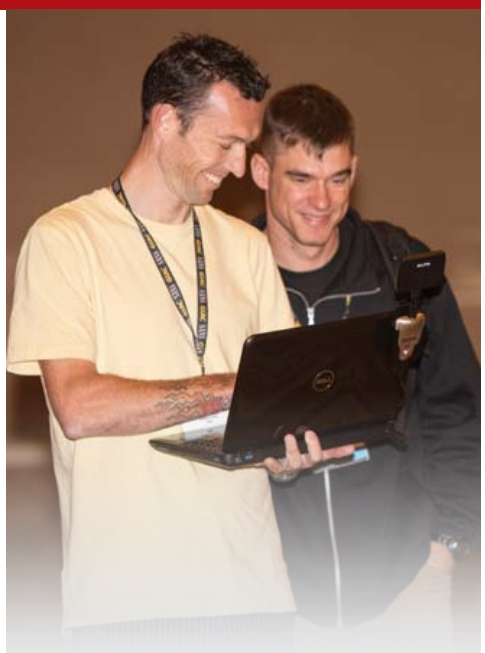
The next day of class will focus on how to identify web application firewalls, filtering, and other protection techniques. You will then learn methods to bypass these controls in order to exploit the system. You'll also gain skills in exploiting the control itself to further the evaluation of the security within the application.

Following these general exploits, you will learn techniques that target specific enterprise applications. You will attack systems such as content management and ticketing systems. We will explore the risks and flaws found within these systems and how to better exploit them. This part of the course will also include web services and mobile applications due to their prevalence within modern organizations.

This information-packed advanced pen testing course will wrap up with a full day Capture the Flag (CtF) event. This CtF will target an imaginary organization's web applications and will include both Internet and intranet applications of various technologies. This event is designed to allow you to put the pieces together from the previous five days reinforcing the information and learning you will have gained.

The SANS promise is that you will be able to use these ideas immediately upon returning to the office in order to better perform penetration tests of your web applications and related infrastructure. This course will enhance your exploitation and defense skill sets as well as fulfill a need to teach more advanced techniques than can be covered in the foundational course, **SEC542: Web Application Penetration Testing and Ethical Hacking**.

"The real-world examples presented will be useful when I go back to report to my executive management."
-Jason Balderann, County of Marin



Who Should Attend

- Web penetration testers
- Security consultants
- Developers
- QA testers
- System administrators
- IT managers
- System architects

You Will Be Able To

- Assess and attack complex modern applications
- Understand the special testing and exploits available against content management systems such as SharePoint and WordPress
- Use techniques to identify and attack encryption within applications
- Identify and bypass web application firewalls and application filtering techniques to exploit the system
- Use exploitation techniques learned in class to perform advanced attacks against web application flaws such as XSS, SQL injection and CSRF

"Thank you for offering this class. It has been a tremendous assistance to me in strengthening my web app pen testing skills."
-Mark Geeslin, Citrix

642.1 HANDS ON: Advanced Discovery and Exploitation

As applications and their vulnerabilities become more complex, penetration testers have to be able to handle these targets. We will begin the class by exploring how Burp Suite works and more advanced ways to use it within your penetration-testing processes. The exploration of Burp Suite will focus on its ability to work within the traditional web penetration testing methodology and assist in manually discovering the flaws within the target applications. Following this discussion, we will move into studying specific vulnerability types. This examination will explore some of the more advanced techniques for finding server-based flaws such as SQL injection. After discovering the flaws, we will then work through various ways to exploit these flaws beyond the typical means exhibited today. These advanced techniques will help penetration testers show the risks to which the flaws expose an organization.

Topics: Review of the Testing Methodology; Using Burp Suite in a Web Penetration Test; Examining How to Use Burp Intruder to Effectively Fuzz Requests; Exploring Advanced Discovery Techniques for SQL Injection and Other Server-Based Flaws; Learning Advanced Exploitation Techniques

642.2 HANDS ON: Discovery and Exploitation for Specific Applications

We will continue the exploration of advanced discovery and exploitation techniques for today's complex web appications. We'll start by exploring advanced client-side flaws such as combined cross-site scripting (XSS) and cross-site request forgery (XSRF) vulnerabilities. We will explore some of the more advanced methods for discovering these issues. After finding the flaws, you will learn some of the more advanced methods of exploitation, such as scriptless attacks and building web-based worms using XSRF and XSS flaws within an application. During the next part of the day we'll explore various popular applications and frameworks and how they change the discovery techniques within a web penetration test. This section of the class examines applications such as SharePoint and WordPress. These specific targets have unique needs and features that make testing them both more complex and more fruitful for the tester. This section of the class will help you understand these differences and make use of them in your testing.

Topics: Discovering XSRF Flaws Within Complex Applications; Learning About DOM-based XSS Flaws and How to Find Them Within Applications; Exploiting XSS Using Scriptless Injections; Bypassing Anti-XSRF Controls Using XSS/XSRF Worms; Attacking SharePoint Installations; How to Modify Your Test Based on the Target Application

642.3 HANDS ON: Web Application Encryption

Cryptographic weaknesses are a common area where flaws are present, yet few penetration testers have the skill to investigate, attack and exploit these flaws. When we investigate web application crypto attacks, we typically target the implementation and use of cryptography in modern web applications. Many popular web programming languages or development frameworks make encryption services available to the developer, but do not inherently protect encrypted data from being attacked, or permit the developer to use cryptography in a weak manner. These implementation mistakes are going to be our focus in this section, as opposed to the exploitation of deficiencies in the cryptographic algorithms themselves. We will also explore the various ways applications use encryption and hashing insecurely. Students will learn techniques such as identifying what the encryption technique is to how to exploit various flaws within the encryption or hashing.

Topics: Exploring How to Identify the Cryptography in Use; Discovering How to Attack the Encryption Keys; Learning How to Attack Electronic Codebook (ECB) Mode Ciphers; Exploiting Padding Oracles and Cipher Block Chaining (CBC) Bit Flipping

642.4 HANDS ON: Mobile Applications and Web Services

Web applications are no longer limited to the traditional HTML-based interface. Web services and mobile applications have become more common and are regularly being used to attack clients and organizations. As such, it has become very important that penetration testers understand how to evaluate the security of these systems. After finishing up our discussion on cryptography attacks, you will learn how to build a test environment for testing web services used by mobile applications. We will also explore various techniques to discover flaws within the applications and backend systems. These techniques will make use of tools such as Burp Suite and other automated toolsets.

Topics: Attacking CBC Chosen Plaintext; Exploiting CBC with Padding Oracles; Understanding the Mobile Platforms and Architectures; Intercepting Traffic to Web Services and from Mobile Applications; Building a Test Environment; Penetration Testing of Web Services

SEC642 COIN

SEC642 Training Formats

(subject to change)

Live Training
sans.org/security-training/by-location/all

Summit
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Simulcast
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OnDemand
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SelStudy
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642.5 HANDS ON: Web Application Firewall and Filter Bypass

Applications today are using more security controls to help prevent attacks. These controls, such as Web Application Firewalls and filtering techniques, make it more difficult for penetration testers during their testing. These controls block many of the automated tools and simple techniques used to discover flaws today. On day 5 you will explore techniques used to map the control and how it is configured to block attacks. You'll be able to map out the rule sets and determine the specifics of how they detect attacks. This mapping will then be used to determine attacks that will bypass the control. You'll use HTML5, UNICODE and other encodings that will enable your discovery techniques to work within the protected application.

Topics: Understanding of Web Application Firewalling and Filtering Techniques; Exploring How to Determine the Rule Sets Protecting the Application; Learning How HTML5 Injections Work; Discovering the Use of UNICODE and Other Encodings

642.6 HANDS ON: Capture the Flag

During day six of the class, you will be placed on a network and given the opportunity to complete an entire penetration test. The goal of this capture the flag event is for you to explore the techniques, tools, and methodology you will have learned over the last five days. You'll be able to use these ideas and methods against a realistic extranet and intranet. At the end of the day, you will provide a verbal report of the findings and methodology you followed to complete the test. Students will be provided with a virtual machine that contains the Samurai Web Testing Framework (SamuraiWTF) web penetration-testing environment. Students will be able to use this both in the class and after leaving and returning to their jobs.