

# SEC511: Continuous Monitoring and Security Operations



6 Day Program 46 CPEs Laptop Required

#### You Will Be Able To

- Analyze a security architecture for deficiencies
- Apply the principles learned in the course to design a defensible security architecture
- Understand the importance of a detection-dominant security architecture and a Security Operations Center (SOC)
- Identify the key components of Network Security Monitoring (NSM)/Continuous Diagnostics and Mitigation (CDM)/ Continuous Monitoring (CM)
- Determine appropriate security monitoring needs for organizations of all sizes
- Implement robust Network Security Monitoring/Continuous Security Monitoring (NSM/CSM)
- Utilize tools to support implementation of Continuous Monitoring per NIST SP 800-137 guidelines
- Determine requisite monitoring capabilities for a SOC environment
- Determine capabilities required to support continuous monitoring of key Critical Security Controls

"SEC511 is a VERY worthwhile addition to the Cyber Defense curriculum for Blue Teamers."

— Robert Peden, NextGear Capital

We continue to underestimate the tenacity of our adversaries! Organizations are investing significant time and financial and human resources to combat cyber threats and prevent cyber attacks, but despite this tremendous effort, organizations are still getting compromised. The traditional perimeter-focused, prevention-dominant approach to security architecture has failed to prevent intrusions. No network is impenetrable, which is a reality that business executives and security professionals alike have to accept. Prevention is crucial, and we can't lose sight of it as the primary goal. However, a new proactive approach to security is needed to enhance the capabilities of organizations to detect threats that will inevitably slip through their defenses.

The underlying challenge for organizations victimized by an attack is timely incident detection. Industry data suggest that most security breaches typically go undiscovered for an average of seven months. Attackers simply have to find one way into most organizations, because they know that the lack of visibility and internal security controls will then allow them to methodically carry out their mission and achieve their goals.

The Defensible Security Architecture, Network Security Monitoring (NSM)/Continuous Diagnostics and Mitigation (CDM)/Continuous Security Monitoring (CSM) taught in this course will best position your organization or Security Operations Center (SOC) to analyze threats and detect anomalies that could indicate cybercriminal behavior. The payoff for this new proactive approach will be early detection of an intrusion, or successfully thwarting the efforts of attackers altogether. The National Institute of Standards and Technology (NIST) developed guidelines described in NIST SP 800-137 for Continuous Monitoring (CM), and this course will greatly increase your understanding and enhance your skills in implementing CM utilizing the NIST framework.

SEC511 will take you on quite a journey. We start by exploring traditional security architecture to assess its current state and the attacks against it. Next, we discuss and discover modern security design that represents a new proactive approach to such architecture that can be easily understood and defended. We then transition to how to actually build the network and endpoint security, and then carefully navigate our way through automation, NSM/CDM/CSM. For timely detection of potential intrusions, the network and systems must be proactively and continuously monitored for any changes in the security posture that might increase the likelihood that attackers will succeed.

Your SEC511 journey will conclude with one last hill to climb! The final day (Day 6) features a Capture-the-Flag competition that challenges you to apply the skills and techniques learned in the course to detect and defend the modern security architecture that has been designed. Course authors Eric Conrad and Seth Misenar have designed the Capture-the-Flag competition to be fun, engaging, comprehensive, and challenging. You will not be disappointed!

Available Training Formats **Live Training** 

**Live Events** 

sans.org/information-security-training/by-location/all

**Summit Events** 

sans.org/cyber-security-summit

**Private Training** sans.org/private-training

**Online Training** 

**OnDemand** sans.org/ondemand

**Simulcast** sans.org/simulcast

### **Section Descriptions**

### SECTION 1: Current State Assessment, SOCs, and Security Architecture

We begin with the end in mind by defining the key techniques and principles that will allow us to get there. An effective modern Security Operations Center (SOC) or security architecture must enable an organization's ability to rapidly find intrusions to facilitate containment and response. Both significant knowledge and a commitment to continuous monitoring are required to achieve this goal.

**TOPICS:** Current State Assessment, SOCs, and Security Architecture; Modern Security Architecture Principles; Frameworks and Enterprise Security Architecture; Security Architecture – Key Techniques/Practices

### **SECTION 3: Network Security Monitoring**

Designing a SOC or security architecture that enhances visibility and detection capabilities represents a paradigm shift for most organizations. However, the design is simply the beginning. The most important element of a modern security architecture is the emphasis on detection. The network security architecture presented in days one and two emphasized baking visibility and detection capabilities into the design. Now we must figure out how to look at the data and continuously monitor the enterprise for evidence of compromise or changes that increase the likelihood of compromise.

**TOPICS:** Continuous Monitoring Overview; Network Security Monitoring (NSM); Practical NSM Issues; Cornerstone NSM

## SECTION 5: Automation and Continuous Security Monitoring

Network Security Monitoring (NSM) is the beginning; we need to not only detect active intrusions and unauthorized actions, but also know when our systems, networks, and applications are at an increased likelihood for compromise. A strong way to achieve this is through Continuous Security Monitoring (CSM) or Continuous Diagnostics and Mitigation (CDM). Rather than waiting for the results of a quarterly scan or an annual penetration test to determine what needs to be addressed, continuous monitoring proactively and repeatedly assesses and reassesses the current security posture for potential weaknesses that need to be addressed.

**TOPICS:** CSM Overview; Industry Best Practices; Winning CSM Techniques; Maintaining Situational Awareness; Host, Port and Service Discovery; Vulnerability Scanning; Monitoring Patching; Monitoring Applications; Monitoring Service Logs; Monitoring Change to Devices and Appliances; Leveraging Proxy and Firewall Data; Configuring Centralized Windows Event Log Collection; Monitoring Critical Windows Events; Scripting and Automation

#### **SECTION 2: Network Security Architecture**

Understanding the problems with the current environment and realizing where we need to get to is far from sufficient; we need a detailed roadmap to bridge the gap between the current and desired state. Section 2 introduces and details the components of our infrastructure that become part of a defensible network security architecture and SOC. We are long past the days when a perimeter firewall and ubiquitous antivirus were sufficient security. There are many pieces and moving parts that make up a modern defensible security architecture.

**TOPICS:** SOCs/Security Architecture – Key Infrastructure Devices; Segmented Internal Networks; Defensible Network Security Architecture Principles Applied

### **SECTION 4: Endpoint Security Architecture**

One of the hallmarks of modern attacks is an emphasis on client-side exploitation. The days of breaking into networks via direct frontal assaults on unpatched mail, web, or DNS servers are largely behind us. We must focus on mitigating the risk of compromise of clients. Section four details ways in which endpoint systems can be both more resilient to attack and also enhance detection capabilities.

TOPICS: Security Architecture – Endpoint Protection; Dangerous Endpoint Applications; Patching

### **SECTION 6: Capstone: Design, Detect, Defend**

The course culminates in a team-based design, detect, and defend the flag competition that is a full day of hands-on work applying the principles taught throughout the week

**TOPICS:** Security Architecture; Assessing Provided Architecture; Continuous Security Monitoring; Using Tools/Scripts Assessing the Initial State; Quickly/Thoroughly Find All Changes Made

### **Who Should Attend**

- · Security architects
- · Senior security engineers
- Technical security managers
- Security Operations Center (SOC) analysts, engineers, and managers
- CND analysts
- Individuals working to implement Continuous Diagnostics and Mitigation (CDM), Continuous Security Monitoring (CSM), or Network Security Monitoring (NSM)

"SEC511 provides a highlevel view all the way down to packets. It's a great, great course on detecting/preventing threats. This course is hands-down worth every dollar. I learned more actionable things in a week than in four semesters of school!"

— Matt McCullough, MN IT

Course Preview available at: sans.org/demo



